

Don't get lost on  
your lupus journey...

let us be your guide.

A person with long brown hair, wearing a black knit beanie, a white sweater, and a black and white patterned backpack, is seen from behind walking on a dirt path. The path is surrounded by a dense field of tall purple flowers. In the background, there are green hills under a cloudy sky.

LUPUS  
FOUNDATION  
*New England*

Lupus is a chronic autoimmune disease that causes the immune system to attack healthy tissue resulting in inflammation, particularly of the skin, joints, and kidneys. It develops most commonly in women between the ages of 15-45, and occurs more often in African American, Hispanics, Native Americans, and Asians. Men can get lupus too.

Some symptoms of lupus can be joint and muscle pain, fatigue, skin rashes, fevers, hair loss, pleurisy, loss of appetite, mouth sores and sensitivity of the fingers and/ or toes to the cold and urine changes. Often, symptoms develop so slowly that no pattern emerges, or they come and go.

Systemic Lupus Erythematosus (SLE) affects 200-200K patients in the U.S. and approximately 1 in 3 patients have already developed Lupus Nephritis (LN) at the time of SLE diagnosis.

Lupus is different for everyone, and we are here to help guide you. Talk to your doctor about how to protect your kidneys, and what the best treatments are for your lupus journey. You are not alone.



Lupus Foundation New England  
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## LFNE 2023 Events:

### May

- Lupus Scientific and Patient Education Symposium

### June

- 11th Annual Lupus Walk Rhode Island
- LFNE Invitational Golf Tournament

### August 21st

- Asics Falmouth Road Race

### September

- 31st Annual Lupus Walk on the Charles

For more information, visit  
[www.lupusne.org](http://www.lupusne.org)